

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

PRESENTATION FORM

Presenter Bio

Please include your full name, credentials, degrees and information about your position and place of employment. **Please send a copy of your CV along with this completed form.**

Stephanie Fox, PhD, is a licensed psychologist at the Center for Autism and Developmental Disorders (CADD) of the University of Pittsburgh Medical Center. In her role at CADD, Dr. Fox conducts diagnostic assessments for autism spectrum disorder (ASD), implements evidence-based treatments for developmental disorders, and supports the training of future clinicians. She graduated from the University of Albany in 2017 with her doctorate in clinical psychology. Before relocating to Pittsburgh in 2022, Dr. Fox was a Clinical Assistant Professor at the Carolina Institute for Developmental Disabilities in the School of Medicine at the University of North Carolina (UNC) at Chapel Hill. Dr. Fox has certifications in multiple treatment modalities, including the Early Start Denver Model. Dr. Fox's primary clinical and research interests surround family-based interventions for very young children with autism, early detection of developmental disabilities, and complex differential diagnosis.

Emily O'Conly is a Family Peer at the UPMC Children's Hospital of Pittsburgh's Whole Child Wellness Clinic. With a decade-long journey of tirelessly seeking services and supports for her own child with autism and ADHD, Emily brings firsthand understanding to her role as a Family Peer Support Partner at Whole Child Wellness Clinic. Drawing from her own experiences navigating the complex landscape of therapies and resources, Emily guides and supports families facing similar challenges. Her time at Whole Child Wellness Clinic has been marked by a steadfast commitment to empowering families, utilizing her wealth of knowledge to advocate for comprehensive care and foster resilience within the community.

Name and Narrative Description of your Presentation

Please determine if it is introductory, intermediate, or advanced.

Name: After the Autism Diagnosis: Professional Recommendations for Treatment and Barriers to Accessing Services

Narrative Description: This engaging presentation explores the gap between professional recommendations and the parental reality of accessing autism treatment. Listeners will gain understanding or the disconnect that often exists between ideal recommendations and real-world access. Information will be shared from the perspectives of a psychologist and a parent/family peer support professional. Learn from a psychologist about common evidence-based recommendations provided to individuals across developmental stages following an autism diagnosis, then hear from a parent about the reality of navigating and accessing these services for autistic children. The two perspectives will integrate to inform the audience about strategies for overcoming common barriers to treatment.

Introductory.

Three (3) learning objectives

By the completion of this session, participants should be able to:

1. List 5 common evidence-based treatments
2. List 3 barriers often faced by caregivers of autistic individuals in navigating services acquisition
3. Learn 3 strategies for bridging the gap between recommendations and real-world access.

Three (3) current (within the past 10 years) peer-reviewed publications that support the evidencebase for the content of your presentation

Publications must be listed in American Psychological Association (APA) Style (see www.apastyle.org for more information).

APA format for journal article citation:

Author last name, Author First Initial. Author Second Initial. (Publication Year). Title of article. *Title of Journal*. volume(issue) (if issue numbered), pages.

Hyman SL, Levy SE, Myers SM, AAP COUNCIL ON CHILDREN WITH DISABILITIES, SECTION ON DEVELOPMENTAL AND BEHAVIORAL PEDIATRICS. Identification, Evaluation, and Management of Children with Autism Spectrum Disorder. *Pediatrics*. 2020;145(1): e2019344.

Lipkin, Paul H., et al. "Promoting optimal development: identifying infants and young children with developmental disorders through developmental surveillance and screening." *Pediatrics* 145.1 (2020).

Lord, Catherine, et al. "The Lancet Commission on the future of care and clinical research in autism." *The Lancet* 399.10321 (2022): 271-334.

Hirota T, King BH. Autism Spectrum Disorder: A Review. *JAMA*. 2023 Jan 10;329(2):157-168. doi: 10.1001/jama.2022.23661. PMID: 36625807.

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